

October 5 & 6, 2019 | Internal Enemies – Week 5
Group Discussion Questions

GROUP PREP

In preparation for group, read [Judges 6:1-16](#) & listen to Emmanuel's Weekend Services message, then answer the following discussion questions.

INTRODUCTION

When insecure, it's easy to satisfy our desire to "feel important" by knowing all the right answers, getting people to like us, or achieving status and respect. Though these things may feel good in the moment, they will never fill the hole that only an identity rooted in God's view of us can fill. When we don't deal with the insecurities that plague our hearts, we end up valuing behavior over heart, appearance over intimacy, performance over real relationships and people over God.

DISCUSSION QUESTIONS

1. What is insecurity? Share a personal story of how insecurity has gotten the better of you.

How can we tell if we struggle with insecurity?

Insecurity can come from comparing ourselves to the cultural standard, past failures, and/or other people. How do you feel insecurity most affects you, and where do you think the source of your insecurities comes from?

2. Insecurity is formed when we allow the wrong people to label us. Let's discuss what's going on in [Judges 6:1-16](#). Who have the Israelites allowed to label them, and how have they been labeled? Specifically, why does Gideon struggle with insecurity?

Like Gideon, what incorrect labels are you currently struggling with?

Self-doubt is destroyed when we only allow God to label us. Although Gideon dealt with massive insecurity, the angel of the Lord labeled him as a "mighty hero" in [Judges 6:12](#). Give each of the people in your group a label that you feel would encourage them and honor God's perspective of who He's made them to be. During your time together, share these new labels with the other group members and tell them why you gave them this label.

Write down some Scripture that provides us the correct label of who we are as followers of Christ. Which of these verses do you need to meditate on, and why?

3. If we continue to seek confidence in the temporary, we will struggle with self-doubt. How do we build the trust in God necessary to believe what He says about us?

If you build trust in God's perspective of you and live out your correct label, what changes do you foresee happening in your life?

ACTION STEP

4. Going forward, who will you allow to label you, and who will you trust in? What steps will you take this coming week to embrace the correct label and place your trust in God?

OUTREACH: GROUPS IN ACTION

COLLECTING FOR THE COLD: Emmanuel is collecting hats, gloves, coats, socks, and other cold weather apparel for our local nonprofit partners to pass out to families in need this winter. Ask your small group, coworkers, friends and family members to donate any items in their closets they aren't using and drop off the collected items in the bins found in the lobbies of the e-café. We'll be collecting the entire month of October!

CONNECTION CARD CLEAN UP: After every weekend, Emmanuel has to replace the connection cards and offering envelopes that our guests and givers have used. Gather your small group and bless the Emmanuel staff by refilling the backs of the auditorium chairs with new connection cards and offering envelopes.

To find out more details about these projects or other ways your group can serve together in our community, email Breanne Schafer at ***bschafer@eclife.org***

FILL IN THE BLANKS BELOW FOR THIS UPCOMING WEEK'S ACTION STEPS.

My action step is _____.

This coming week, I will encourage _____ to complete their action step.

Their action step is _____.

My memory verse is _____.

This coming week, I will pray for the group's following prayer requests:

_____	_____
_____	_____
_____	_____
_____	_____