

April 5, 2020 | Disrupted – Week 1
Group Discussion Questions

GROUP PREP

In preparation for group, read [Genesis 39](#) and [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

INTRODUCTION

There is a 100% chance your life will be disrupted. Jesus knew this and warned his followers, “you will have trouble in this world.” ([John 16:33](#)) Disruptions should come as no surprise, but they still make life hard and can put us in a funk. How do we stay away from the funk amid disruption?

DISCUSSION QUESTIONS

1. What is a disruption? Describe the most life-altering disruption you’ve ever experienced?

In the story of Joseph (Genesis 37-50), what disruptions did he experience that were beyond his control? How can you relate to Joseph?

2. Joseph didn’t just survive but thrived during the disruption. He chose to see God in the disruption. What is meant by the phrase, “God was in the disruption?”

What benefits did Joseph experience because he chose to see God in the disruption?

In what ways did Joseph fight against temptation amid disruption?

There is a 100% chance that our life will be disrupted, and Satan uses these opportunities to tempt us. What temptations have you found yourself fighting against during your most recent disruptions?

3. Read [Genesis 50:20](#). Joseph’s story ends with himself, Egypt, the surrounding nations, and his family reaping the benefits of Joseph’s dedication to seeing God in the disruption. There are so many benefits to seeing God amid disruption.

Read [Psalm 42:5](#). There is always hope when we choose to see God in our disruptions. In what area do you need more hope?

Read [Psalm 46:10](#). We stay focused when we choose to see God in our disruptions. In what area are you losing focus?

What other benefits do we experience when we choose to see God in our disruptions?

ACTION STEP

4. How can the story of Joseph help you seek God in this current season of disruption?

There is a 100% chance your life will get disrupted again and again and again. What must happen for us to see God more clearly in disruption?

Recommended Action Steps

1. **Read and journal the story of Joseph.** You'll find the incredible, inspiring story of Joseph in Genesis 37-50. During the "stay at home" season, create space to familiarize yourself with Joseph's story and keep a daily journal of your reflections.
2. **Pray.** Stay in constant communication with God through consistent times of prayer. Set reminders on your phone and find a place to kneel down to pray.
3. **Read a book.** Recommended reading for the series, *Disrupted*.
 - a. [Unexpected](#) by Stephen & Karen Blandino
 - b. [Life Interrupted](#) by Priscilla Shirer

OUTREACH: GROUPS IN ACTION

To determine how your group can serve together in our community, email Breanne Schafer at bschafer@eclife.org.

FILL IN THE BLANKS BELOW FOR THIS UPCOMING WEEK'S ACTION STEPS.

My action step is _____.

This coming week, I will encourage _____ to complete their action step.

Their action step is _____.

My memory verse is _____.

This coming week, I will pray for the group's following prayer requests:

_____	_____
_____	_____
_____	_____