

May 3, 2020 | A Call For Help – Week 1
Group Discussion Questions

GROUP PREP

In preparation for group, read [Luke 18](#) and [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

INTRODUCTION

Why do so many Christians have such a problem with maintaining a consistent prayer life? Through prayer, the Creator of the universe makes Himself available to us. Whatever we're going through, God wants to hear about it and help. Prayer, in its simplest form, is just talking to God – a conversation. Your Creator is waiting patiently and eagerly for us to begin an ongoing conversation.

DISCUSSION QUESTIONS

1. Communication is at the heart of any growing relationship. On a scale of 1-10, rate the quality of your communication with God, and tell the group why you gave yourself that rating.

2. What exactly is prayer? Why do many Christians struggle to maintain a dynamic prayer life?

As we grow in this area of our relationship with God, some of the best advice we could receive is to keep it simple, keep it real, and keep it up.

What is meant by keeping prayer simple? Why do some feel prayer is complex or confusing? How does this coaching encourage you?

Read [Matthew 6:7-8](#). What is meant by keeping prayer real? Tell the group about the most authentic prayer you've ever prayed.

Read [Luke 18:1-8](#). Why is consistency important to a vibrant prayer life? What advice would you give someone who'd like to experience consistency in their prayer life?

3. Prayer is at the heart of a growing relationship with God. Describe the type of prayer life you hope to have.

What could this group do to encourage one another to improve their prayer life?

ACTION STEP

4. If you had a prayer list, what are the top five things you feel you should be praying for?

This coming week, what's your plan to keep it simple, keep it real, and keep it up?

Recommended Action Steps

1. **Pray.** Set an alarm for prayer. Keep it simple. Keep it real. Keep it consistent.
2. **Create a prayer list.** On your mobile device, make a note and add items you can pray for to the list throughout the week. Give yourself a daily goal of 3 items.
3. **Read a book.** Recommended reading for the series, [*How To Pray: A Simple Guide For Normal People*](#) by Pete Greig.

OUTREACH: GROUPS IN ACTION

To determine how your group can serve together in our community, email Breanne Schafer at bschafer@eclife.org.

FILL IN THE BLANKS BELOW FOR THIS UPCOMING WEEK'S ACTION STEPS.

My action step is _____.

This coming week, I will encourage _____ to complete their action step.

Their action step is _____.

My memory verse is _____.

This coming week, I will pray for the group's following prayer requests:

_____	_____
_____	_____
_____	_____